

## Weekly Bulletin 20<sup>th</sup> October 2023

## Headteacher's Message

Today, those of you with children in Years 1-6 will receive your child's termly progress report. This report provides you with relevant information in preparation for our parental consultation evenings which will take place either in person or via video calls next week. The report provides a starting point for conversation with your child's class teacher in order to agree the next steps for working together in partnership to continue to support progress in school. Appointments are for 10 minutes so please do support the teachers in keeping to their appointment times. Parents of children in Reception class do not receive a report, but have the opportunity to speak with Mrs Short and Mrs Silvester next week.

Each week I want to include a 'snapshot' of some of the things that the children are doing in school. For example, news from our ECO team, Worship group, V.I.P. (Very International People) and SNAG (School Nutrition Action Group). This week our focus is on our THRIVE approach to mental health and Well-being and our THRIVE and Mental Health Coordinator, Mrs Caygill, has shared an update on this below.

Best wishes

Mr Rumbles

## THRIVE

At Shincliffe C of E we use The Thrive Approach to support children with their emotional health, wellbeing and social skills, all of which are vital to enable learning to take place. Children cannot always express their needs using words, however a child's behaviour can tell us a lot about how they are feeling. Sometimes there may be an obvious reason why a child may need extra support; loss of a loved one, change of family circumstances. For others, there may not appear to be an obvious trigger as to why they are finding some aspects of school and/or home life difficult. All adults in school adopt a loving, accepting, caring and empathetic nature to attune to a child's emotional state and then support them to begin to regulate their own emotions. You can find more information by visiting their website: <u>https://www.thriveapproach.com/</u>

Mrs Caygill

## NHS – Nasal Flu Vaccinations

The nasal flu vaccinations will take place at your child's school on **13 November 2023**, please use the below link to complete either a consent form or a refusal for the vaccinations. The link contains the consent form and additional information such as FAQs regarding the vaccination. The link will close on **7 November 2023**.

https://nhslmms.azurewebsites.net/session/5697709b

If your child has already had the Nasal Flu vaccine since September 2023, please disregard this message.

Immunisation Team

## **FOSS Update**

## **Christmas Cards**

We are excited to announce that this year we will be participating in the Christmas/Creative Card Project with Art Projects for Schools Ltd (APFS). The funds raised through your support will be used towards improvements to the school's outside area.

The artwork your child has produced will be sent home in the next few days. On the reverse of their artwork there is a sticker with a unique code attached to it. To order you will need to visit **www.apfsorders.co.uk**, and input this unique artwork code, along with your child's first name and surname. **If you do wish to place an order, please do so at the website above by 30<sup>th</sup> October.** 

## You do not need to return your child's artwork to school.

The final items will then be provided  $w/c 13^{th}$  November.

**School Disco** - It was great to see the pupils at the disco last Friday night. Fun was had by all and we raised an amazing £250 for the school. We will be planning another disco for later in the year.

**Future Events -** We are looking forward to another year of fun events and fundraising. Below is a list of the planned events and provisional dates for the coming year, which may change closer to the time, subject to external factors.

We thank you for your support.

## **FOSS Dates**

Christmas Fair	Thursday 7 <sup>th</sup> December 2023
Disco	Friday 9 <sup>th</sup> February 2024
Easter Fair	Thursday 21 <sup>st</sup> March 2024
Orienteering Session	Thursday 23 <sup>rd</sup> May 2024
Summer Fair	Thursday 4 <sup>th</sup> July 2024
Tuck Shops	17 <sup>th</sup> November, 2 <sup>nd</sup> February and 10 <sup>th</sup> May

## St. Mary's Church Notice

Next Wild Church 21st October 4.00 pm outside St Mary's (inside Church Hall if weather is bad). Our topic is irrigation for harvests - we will be building an irrigation system, having the firepit and mallows, a prayer station and the ecology and wild life of the mountains- and a short service -please bring a cash donation, we are trying to raise £80 for an irrigation system in Nepal. It will be great to see you there.

## **Packed Lunches**

In order to ensure that packed lunches are suitably healthy and meet the guidelines set by Durham County Council, parents are reminded that they **should not contain** any of the following:

- Fizzy / sugary drinks in cartons, bottles or cans
- Chocolate-coated products / sweets / confectionary
- Chocolate spread as a filling for sandwiches
- Chewing gum
- Sugared / toffee and salted popcorn

Please also remember that we are a nut-free school- your supporting in keeping all children safe is appreciated.

## **Diary Dates**

For a full list of school holiday dates please see the school website.

Monday 23<sup>rd</sup> October – Wednesday 25<sup>th</sup> October - Y1 to Y6 Parents' Consultation Evening Monday 23<sup>rd</sup> October to Thursday 26<sup>th</sup> October – Reception Parents' Consultation Evening Thursday 26<sup>th</sup> October – Y1 Walk to St. Mary's Church Friday 27<sup>th</sup> October – School closes for Autumn half term holiday Monday 6<sup>th</sup> November – School re-opens after half term holiday Wednesday 8<sup>th</sup> November – Y1 Visit to Beamish Friday 10<sup>th</sup> November - Remembrance Service at 9.05am Tuesday 14<sup>th</sup> November – Y4 Visit to the Great North Museum Tuesday 5<sup>th</sup> December – Y3 Visit to the Great North Museum Thursday 7<sup>th</sup> December - Advent Eucharist – 9.05am Thursday 7<sup>th</sup> December 2023 – FOSS Christmas Fair Tuesday 12<sup>th</sup> December - Nativity Performance Reception and KS1 - 10am Wednesday 13th December - Nativity Performance Reception and KS1 - 10am Thursday 14<sup>th</sup> December – KS2 Christmas Singalong – 2.45pm Friday 15<sup>th</sup> December - Christmas Community Worship – 10am Tuesday 19<sup>th</sup> December – School closes for Christmas holiday Thursday 4<sup>th</sup> January 2024 – School reopens after Christmas holiday January – Robinwood Residential Y6

## Starting School - Will your child turn 5 between 1 September 2024 and 31 August 2025?

Applications open 5 September 2023 and close midnight 15 January 2024.

If so, you need to complete an application online to tell us which school you would like your child to attend from September 2024.

Visit www.durham.gov.uk/primaryschoolplaces where you can access a useful guide to help with your application. The easiest way to apply is online, if you are unable to apply online, paper application forms are available on request.

You still need to apply even if your child attends the nursery unit attached to the school, or already has a sibling at the school. You will also need to apply for a place in Year 3 in a junior school for an older child.

For more information please contact School Places and Admissions Team <u>www.durham.gov.uk/schooladmissions</u> Tel: 03000 265896

## FINAL REMINDER YEAR 6 PARENTS - Application for a Secondary School Place – September 2024

As you will be aware, your child is due to transfer to secondary school in September next year. The application process opened on 5 September 2023 and will close on 31 October 2023.

According to our records, you have not yet applied for a Secondary School Place for your child, and this is a Final Reminder to ensure you make your application before the closing date. If you think you have applied online, then please log into your Parent Portal Account to ensure you have "submitted" your application.

## Failure to apply on time greatly reduces your child's chances of gaining a place at their preferred <u>school!</u>

You will need to read the School Admissions online guidance for parents which is located on the School Admissions web page. This contains essential information that will help you in making your child's application. The guidance is available on our website <u>www.durham.gov.uk/schooladmissions</u>

You must only complete one application and this must be to the Local Authority to which you pay your council tax (i.e. Home Local Authority). If you do NOT live in County Durham please contact your home local authority for details on how to apply for a Secondary School Place.

If you live in County Durham, you need to complete an application to tell us which school you want your child to attend. You should list up to 3 school preferences and applying for just 1 school <u>Does</u> <u>Not</u> improve your chances of gaining a place at that school. You can apply for any school/academy in County Durham or in another Local Authority area.

Please apply on-line at <u>www.durham.gov.uk/schooladmissions</u> When you apply on-line you will receive an acknowledgement and you will be offered a school place for your child by email on 1 March 2024. Please save your log-in details as you may need these at a later date.

Please note that school places are allocated according to specific criteria which are different depending upon which school you apply for your child to attend. One criterion is "nearest school". If you wish to know your nearest school, then please contact us.

If your child's offer of a school place is for an oversubscribed school (i.e., where there are more applications for a school than places available) we will offer your child a school place based on the child's/parent's address. We may request information on the child's/parent's address when we offer a school place and the onus will be on you to prove your address if asked.

If you do not wish to apply on-line, you can contact the School Admissions Team by email or telephone to request a form. Email: <a href="mailto:schooladmissions@durham.gov.uk">schooladmissions@durham.gov.uk</a> or telephone

03000 265 896

Your application must be received by us at the address below by the closing date. We strongly advise you to return the application form to us by "Royal Mail Signed for™" or "Royal Mail Special Delivery Guaranteed". If you complete a paper application form you will receive a letter to inform you of the school place offered to your child on the 1 March 2024.

Please note for both on-line applications and paper application forms, you will be required to read the disclaimer and sign/tick the box to agree that the information you provide on the application form is complete and correct otherwise the offer of a school place will be withdrawn.

## The closing date for receipt of both on-line and paper application forms is 31 October 2023.

If you have recently applied for a Secondary School place and have received confirmation that it has been submitted, then please ignore this letter.

Yours sincerely School Places and Admissions Team.

## **Christian Values**

We are exploring the value of endurance this half term and worship will be led by Mr Rumbles, Fr. Peter, Mrs Matthews, Fr. Bill and our Key Stage Two pupils.

Further information on the value of endurance:

Endurance - is recognition that life is sometimes difficult and painful, and that it is important not to give up in the face of adversity.

Jesus endured rejection, abuse and the cross, and his followers are warned that they may well have to share that pain as persecution took hold. Discipleship is depicted as 'taking up the cross daily' and following in Jesus' footsteps (Luke 9:23).

We would like our children to continue their reflection and experience at home.

Some things to think about:

- How do we give pupils a better appreciation of the difficult situations that many people in the world have to endure and of the courage and resilience they show in the face of them?
- How do you help pupils understand that some things are worth working for even though they do not bring immediate results? How do we develop patience?
- What encourages and inspires you to persevere through difficult times in life?

If you would like to receive a copy of the Weekly Bulletin by e-mail please e-mail the school. <u>Shincliffece@durhamlearning.net</u> The Weekly Bulletins from previous weeks can be found in the parents' section of the website.



# Half term Holiday Camps

Multi-sports (5 - 12 years)

30 October - 3 November

durham.ac.uk/holiday-camps



rts and Wellbeing Park, Stockton Road, Durham, DH1 3SE Free onsite car parking



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learning to

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part of your

child's week

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# LK OCTOBER HALF TERM HOLIDAY CLUB HALLOVEEN FUN

# PACKED WEEK

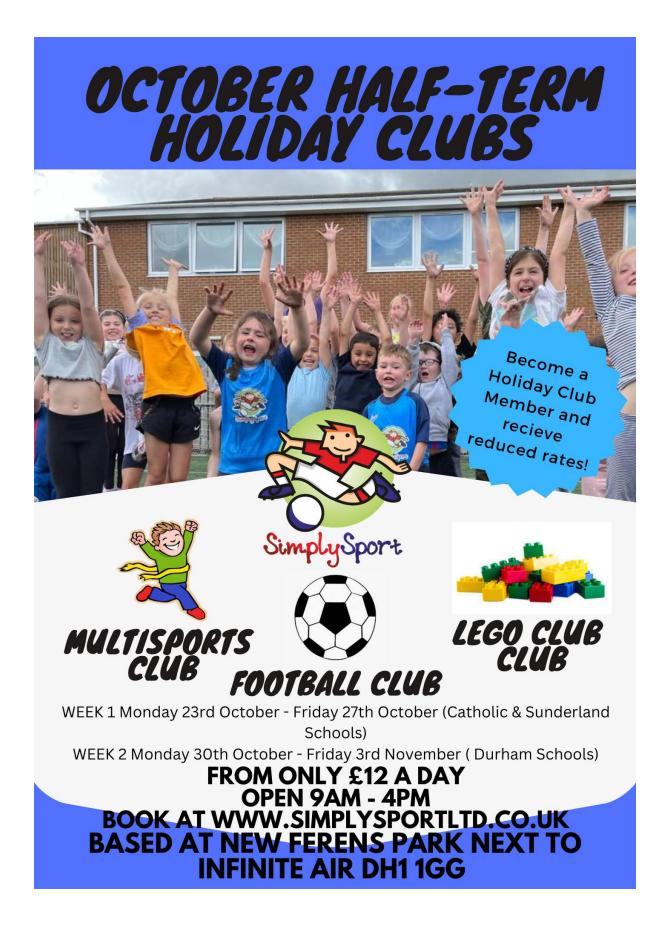
BOW SCHOOL, DURHAM 8.30AM-4.00PM £15 PER DAY PRIMARY AGED CHILDREN



## **30TH OCTOBER – 3RD NOVEMBER** Please book via the link below: https://bookwhen.com/Lkhealthandwellbeing

or contact Leanne on: 07834205866 Ikhealthandwellbeing@outlook.com

https://bookwhen.com/lkhealthandwellbeing





## **CAMHS Training Programme for Parents & Carers**

The workshops are delivered live via Microsoft teams and free of charge for all parents and carers in Teesside (child does not need to be open to CAMHS)

## Available sessions include:

- Understanding Anxiety
- Understanding Emotional Wellbeing
  Understanding ADHD
- Understanding Eating Disorders
- Typical Vs Atypical Sexual Development & Risk
- Understanding Self-harm
- Understanding ASD
- Understanding Sleep



To access the CAMHS parents and carers workshops, please contact: TEWV.CAMHS-Training@nhs.net And provide the following information:

- Which workshop(s) and date you would like to access
- Which locality you live
- Your name
- Email address
- The school(s) your child(ren) attend
- Age(s) of your child(ren)





## Understanding Why Children Might Be Anxious About School

This is an awareness session to increase understanding of why children might be anxious about school, identify potential triggers and look at available support and strategies. This session is suitable for parents/carers of all school aged children but may be of limited value to parents of children with more complex needs

Tuesday 26th September-09:30-11:30

Anxiety (Two groups) this session looks at what anxiety is, what the triggers might be, how to identify it and how we can support our children and young people. *Tuesday 10th October 09:30-11:30—Over 11 years* 

Tuesday 24th October 09:30-11:30 — 5-11 years

**Emotional Wellbeing** This session will focus on emotional wellbeing, what is it and how can we improve it for ourselves and our children.

Tuesday 14th November 09:30-11:30

To book places please email <u>tewv.countydurhamcamhstraining@nhs.net</u> or scan the QR code below to access the Trust website for further details. Please state which sessions (and dates) you'd like to attend. The sessions are aimed at parents of school aged children but parents of younger/older children are very welcome. The sessions will be led by a CAMHS trainer and will run on Microsoft TEAMS. If you have any additional needs, please mention this in the booking email.







Together for Better Darlington Parent Cover Forum www.darlingtonpcf.co.uk www.dccarers.or

www.dccarers.org Tel: 0300 0051213

www.mcddurham.co.uk



**Child to Parent Violence and Aggression** We will consider models of aggression in children and young people and identify key influencing factors. We will look to apply these models of aggression and consider them within the family / parent context and explore how aggression can become a pattern in households.

#### Wednesday 6th December 1:30pm-3:30pm

**NEW SESSION—Understanding Sleep** This workshop will provide an understanding of sleep cycles and importance of good sleep hygiene and routine. We will look at why sleep problems may occur for young people, possible causes and look at strategies to help your child develop good sleep habits.

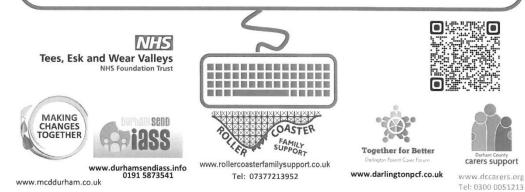
#### Wednesday 11th October 1:30pm-3:00pm

#### NEW SESSION—Understanding Behaviour Development in Children and

**Young People** This session will look at behavioural norms in the developing child and how adult behaviour influences this. We will look at the challenges parents and carers may face and how they can support their children and young people to develop resilience and manage risk as they grow to adulthood and independence

#### Tuesday 17th October 1:30pm-3:45pm

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